

INSIDE

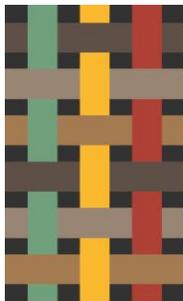
InterCommunity

A LOOK INSIDE
THE WORK WE DO
& THE INSPIRING PEOPLE
WHO MAKE IT HAPPEN



InterCommunity
Health Care

Health Care for the Whole Person



**BLACK
HISTORY
MONTH**



Addressing Racial Inequity



RACIAL/ETHNIC
EQUITY
INITIATIVE

InterCommunity Health Care

Update from Kim Beauregard, President & CEO

InterCommunity's Racial/Ethnic Equity Initiative continues on the imperative path of equity for all. Our two task forces, Organizational Culture and Leadership

Development, are in the midst of their work to develop and prioritize actions that IC will take to ensure we are an anti-racist organization. The task forces will conclude their assessment work in early March. IC will then begin to implement the recommendations and continue education and discussion with the Board of Directors, staff, and clients/patients on racial, ethnic equity and social justice for all.

InterCommunity and the North Hartford Promise Zone

Clay Hampton, Mobile Employment Support Specialist, *(photo on right)* represents InterCommunity Health Care at monthly meetings of the [North Hartford Promise Zone](#) (NHPZ) Health workgroup. The NHPZ regions have alarmingly high rates of unemployment, violent crime, low education levels (especially among youth) and food insecurity. In addition, the regions are marked by several deteriorated and damaged commercial and industrial sites.

The Promise Zone Plan, under the executive leadership of the Hartford Mayor and the city, works in partnership with business, foundations, and municipal and regional planning organizations. The City utilizes its own resources to coordinate efforts and cross-sector partnerships and advance neighborhood revitalization.

As an active participant of this committee, Clay's goal is to represent Intercommunity by networking, collaborating, and working as a liaison with other agencies within the community, city, and state. The NHPZ Health workgroup includes neighborhood residents, municipal leaders, elected officials, nonprofit partners and agencies, and business leaders who are focused on a collaborative effort to socially and economically transform residents' quality of life and create a safe, prosperous future for those in need within the community. Topics discussed include grant and funding opportunities for systems and capacity-building, promotion and awareness of multiple health facilities available within the zone, methods to increase program and service participation, utilization of educational programs, and how to best utilize community services and programs to benefit youth in the Hartford school system.

Clay has worked at InterCommunity for nearly seven years. As a Mobile Employment Support Specialist at InterCommunity, he assists individuals in early recovery to reach their employment goals. He meets with clients individually and in groups to coach and guide them to appropriate vocational and educational services. Clay serves clients in DMHAS-funded halfway houses, recovery houses or supported recovery houses, treatment centers, and shelters in the Region 4 area, covering Hartford, East Hartford, Glastonbury, New Britain, Bristol, Manchester, Vernon, and Enfield.



Spotlight on Staff: Dayraliz Contreras



Dayraliz Contreras, recently promoted to Care Coordinator Lead, I & I, has worked for InterCommunity since 2018. In her new position, Dayraliz supervises clients taking their medications, coordinates patient care, and assists the 37 residents on her unit on their recovery journey.

"I enjoy helping others," she says. "And our clients are so appreciative." She has deep compassion for individuals with addiction disorders. "It's hard for our clients to find jobs if they have a criminal background and addiction history. I have family members who have used addiction services."

Dayraliz attended Manchester Community College for phlebotomy. "I'm always looking to improve myself." Previously Dayraliz worked in InterCommunity's Call Center.

Spotlight on Our Board of Directors

Sasa Harriott joined InterCommunity's Board of

Directors in 2018. An RN with over fifteen years of experience, she started [Harriott Home Health Services](#) because she saw the need to improve the way home health care is provided. She has dedicated herself to improving the outcomes of all patients — a philosophy she imparts to her staff.

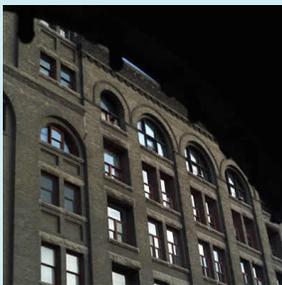


Sasa has demonstrated her commitment to the highest level of care for patients in the community by achieving Joint Commission Accreditation. She has played an integral role in high-risk medical and behavioral health services provided to the Greater Hartford area — as a direct care clinician and as a utilization review nurse for the Behavioral Health Partnership.

Sasa is deeply committed to improving the effectiveness and efficiency of health care delivery. She seeks to establish and expand preventive health care practices in communities that have traditionally faced challenges in gaining access to quality health care, and has gone above and beyond in serving Hartford residents during the ongoing pandemic. Most recently, Sasa coordinated free COVID community testing sites in partnership with Hartford Health Care. Her company managed registrations for all of the mobile sites, and she was recognized by Hartford City Mayor Luke Bronin for her work.

"Even before COVID-19, our people had less access to care, less access to information they could understand and trust, fewer resources," she states. "They've had other issues more pressing than health care, such as food, housing, and basic needs. COVID just made it more evident that a group of people had less access to care, and therefore they were dying in greater numbers than in other communities."

In spite of these challenges, her message is one of hope. "What we're observing is a lot of kindness. We're seeing that people are helping each other. And we're learning that we're a lot more resilient than others may believe, right here in Hartford."



Hartford Zero Inflow Project

Along with a coalition of local partners, InterCommunity Health Care is working with the [Hartford Zero Inflow Project](#) to reduce the number of individuals becoming homeless from North Hartford. The goal of the Hartford Zero Inflow Project is to address gaps in accountability in the Department of Corrections, the formal eviction process, and the local behavioral health system. The project aims to achieve zero inflow into homelessness within three years, and uncover insights that will benefit other communities as well.

Share
the **Care**

**Let your family and friends know
they can get all the health care
they need at InterCommunity!**

