

January 2021

**INSIDE**

# InterCommunity

A LOOK INSIDE  
THE WORK WE DO  
& THE INSPIRING PEOPLE  
WHO MAKE IT HAPPEN



**InterCommunity  
Health Care**

*Health Care for the Whole Person*

## ***InterCommunity Supports Black Communities***

### **Addressing Racial Inequity**



**RACIAL/ETHNIC  
EQUITY  
INITIATIVE**

InterCommunity Health Care

#### **Update from Kim Beaugard, President & CEO**

InterCommunity's Racial/Ethnic Equity Initiative continues to move along on its journey to make us all more knowledgeable, understanding of racial equity, and to take actions on ensuring that InterCommunity is an anti-racist organization. We are on this journey together and it has been challenging and healing on many different levels.

We have completed our staff and Board of Directors surveys and will continue in the future with surveys for community partners and clients/ patients to get as much feedback as we can. Out of the surveys, we have developed 2 major task forces: "Organizational Culture" and "Equity in Training and Leadership Opportunities." We are excited to get started on these in January. Much appreciation to the Racial/Ethnic Equity Initiative for all of the work it has done and continues to do on this most important issue. They continue to be bold and brave in all they do.

### **It's Not Too Late to Get a Flu Shot!**

Protect yourself from the flu and stay healthy this winter!

Get your **flu shot** at **InterCommunity Health Care** offices in **Hartford, East Hartford** and **South Windsor**. Schedule your appointment today by calling **860-569-5900**.

# Spotlight on Our Staff: Kevin Coleman



Formerly a detox lead clinician, Kevin Coleman has recently been promoted to the position of I & I supervisor for InterCommunity's intensive and intermediate addiction recovery services.

Mr. Coleman has worked at InterCommunity since 2011. In his current position, he oversees the day-to-day operations of the unit as a whole, hires and supervises staff, and continues to run groups and manage a caseload. "I'm excited about the opportunity that InterCommunity has entrusted to me," he comments about his promotion. "I appreciate the support I get from my department and other departments."

Mr. Coleman started his career in detox at ADRC before the merger with InterCommunity. He holds a master's degree in mental health from Walden University, is a

Licensed Professional Counselor (LPC), a Licensed Alcohol and Drug Counselor (LADC), and a licensed CPR instructor. He has also been a professional EMT since 2007 and is skilled in crisis intervention.

"Keeping everyone safe, clients and staff, during the COVID era has been challenging," he notes. "I do a lot of education, and encourage people with high-risk mindsets to think in a more holistic way."

## Staff Promotions

Congratulations to the InterCommunity staff members who have been promoted! Below are the staff and their new titles:

Anthony Carroll, Facilities Manager

Kevin Coleman, I & I Supervisor

Dayraliz Contreras, Care Coordinator Lead, I & I

Jane Drunnamanio, Detox Supervisor

Juan LaBoy, Director of Practice Management, Hartford

Maria Lawrence, Manager of Outpatient Services

Melissa Malave, Director, Child First and Children's Clinic

Chad McDonald, M.D., Medical Services Director

Tricia Orozco, Director of Practice Management, School Based Health Centers

Nicole Stolte, Manager of Community Support Services, Hartford

Jennifer Valva, Director of Adult Behavioral Health Services, East Hartford

## Spotlight on Our Board of Directors

**Elise Schreier** joined InterCommunity Health Care's Board of Directors in 2019. As a 25-year member of the Congregational Church of South Glastonbury where InterCommunity was founded, she has had a long-standing connection with the organization.

"On a personal level, I've also had family members who have struggled and who have received help at InterCommunity," she states.

Ms. Schreier is a claims leader at Travelers in Hartford. Her background is in psychology and risk management, and she is passionate about integrated care for the mind and body, as well as improving access and equity when it comes to quality physical and mental health care.



“I’m proud of InterCommunity’s response to the national outcry for racial justice,” she says. “With humility and vulnerability, InterCommunity’s executive leadership team and volunteers are working with a consultant, getting honest feedback, and taking the time and effort to make improvements in the area of racial justice.”



## Talking to Kids about Impaired Driving

In an average year, an estimated 30 million Americans drive drunk, and 10 million drive impaired by illicit drugs. Every day about 29 people die as a result of drunk-driving crashes and 800 are injured. It’s a staggering number, and on average, three in five people will be involved in a crash due to impaired driving in their lifetime.

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers the following [tips](#) for parents to talk to their kids about impaired driving:

- Let your children know that it’s never okay to drive while under the influence of alcohol or other drugs, and that getting in a car with someone who is impaired is just as dangerous.
- Help your kids come up with a plan if a friend or family member who is impaired offers them a ride. Options may include calling a relative or friend for a ride home, calling a rideshare service or taxi, or spending the night at their current location.

Some parents have a “no questions asked” agreement with their children, meaning that if their child calls to ask for a ride home, they will pick them up without disciplining or lecturing them. It also helps to know who your child’s friends are, and who their parents are. Alcohol and other drugs are often easily accessible at unsupervised parties.

